

REGULAR WEEKLY SCHEDULED ACTIVITIES: MH Main Hall - CR Card Room - DR Dance Room

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AEROBICS 8-9 MH WALKING EXERCISE 9am MH QUILTING 9:30-2PM DRSCR 2-4 CR only LINE DANCE 10:30-noon MH ART GROUP 2-4 pm DR DARTS 7pm CRIBBAGE 7pm CR	YOGA CR/DR Advanced 8-10 Beg/Chair 10:15-11:15 Chair 11:30-12:30 WALKING 8:45 - 9:30 MH SHUFFLEBOARD 8:30am PHYSIO-FIT 10:30-11:15 MH SHUFFLEBOARD 11am RC CLEANING 1004-PM CARPET BOWL 1-3pm MH HAPPY HOUR PLAYERS 3-5 MH EUCHRE 8:45 CR/DR DARTS 7pm	AEROBICS 8 - 9 MH WALKING EXERCISE 9am MH PING PONG 10-noon MH GAMES GALORE 1-3PM CR LINE DANCE 1:30-3:00 MH CORN HOLE 3:45-5:30 MH LIBRARY SAMBA 8:45 CR BINGO 7 MH	WALKING 8:45 - 9:30 MH PHYSIO-FIT 10:30 - 11:15 MH SHUFFLEBOARD 11am AEROBIC DRUMMING 11:30-12:15 MH CARPET BOWL 1-3pm MH ART GROUP 2-4pm CR THEATRE GROUP 3-5 MH LADIES SBALL 2:30-3:30 Snooker Rm BRIDGE 7-9pm CR	AEROBICS 8 - 9 MH WALKING EXERCISE 9am MH SCOTTISH DANCING 10-11:30 MH RC CLEANING 1004-PM SAMBA 1pm CR UKULELE 1-4 MH BID EUCHRE 8:45-9:30 CR	CARD ELIMINATION Once a month April to September 7PM Sunday SHUFFLEBOARD 9am Hoop Collar (S) TEXAS HOLD'EM 8:45pm MH Every other Sunday

Check with the Activity Coordinator (see phone directory pgs. 27-29) or the WOLRA website <http://www.wolra.ca/mainstream/activities.php> for signing up to what is available. Above activities (pale blue or otherwise) are dependent upon activity coordinators.

MAY 2024

NN SUBMISSION DEADLINE 6PM 23rd

Need to book a room at the
Rec Centre? www.wolra.ca

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GARBAGE & RECYCLING PICKUP EVERY THURSDAY 		1	2	3	4	5
6	7	8	9	10	11	COFFEE MORNING HAPPY HOUR PLAYERS CARD ELIMINATION 7pm
12	13	14	15	16	17	18
HAPPY MOTHER'S DAY! TEXAS HOLD'EM 6:45 MH	GEN MTING 7PM	21	22	23	24	25
19	20	21	22	23	24	25
26	27	28	29	30	31	99.3 FM The Voice of the County
TEXAS HOLD'EM 6:45 M	SIMILES SOCIAL CLUB 2-4PM VICTORIA DAY SPEAKERS CORNER 1:30-3PM	CAREGIVER SUPPORT MTING 1-3 MEDITATION CIRCLE 5-8PM	VOLUNTEER APPRECIATION DAY 3-6	MARDI GRAS		