

10

NEIGHBOURLY NEWS

WOLRA

magazine

*Happy
Mother's
Day*





From the Editor



The WOLRA Board together with the NN Editorial Team reserve the right to not publish a submitted article and the submitter shall be advised of the reason for the decision. This does not include jokes which may be used in a future issue.

Our Neighbourly News Magazine is produced and funded by the Wellington on the Lake Residents Association (WOLRA), managed and maintained completely by volunteers.

If you are a WOLRA member you will receive a link to *Our Neighbourly News Magazine* and the *Events & Activities Calendar* by email each month, as well as twice weekly E-blasts of important news and upcoming events. To become a member, call Brenda McDonald 613-399-5859 or b.mcdonald1048@gmail.com.

DEADLINE FOR THE JUNE NN IS MAY 23RD @ 6 p.m.

SUBMISSIONS TO NN CAN BE MADE BY:

E-mailing neighbourlynews@gmail.com. When a submission is made to the NN by email, notification of receipt will be sent to the submitter. **If you do not receive a response after 2-3 days, please contact neighbourlynews@gmail.com to confirm receipt of your submission.**

**Pam Smith, NN Editor & the Neighbourly News Editorial Team:
Brian Beasant, Lynne Lamb and Al Smith**



To all birth Mothers, non-birth Mothers, loss Mothers and the loving ladies who 'Mother' everyone, Happy Mother's Day!

WOTL MATTERS

The Wellington on the Lake Residents Association (WOLRA), *Our Neighbourly News Magazine*, our website wolra.ca (about to launch!), plus weekly e-Blasts, work together to ensure all WOTL residents feel connected, included and engaged in this great community of Wellington on the Lake!

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At last April showers (and snow) are almost over and May flowers will hopefully be blooming soon. Better yet, Pickleball has started, Tennis is soon to start, and the Golf Courses are now open! Everyone is now getting out to enjoy the weather. Summer activities such as Bocce, Shuffleboard, and Horse-shoes should also be starting soon.

Our Speakers Corner session by Hospice Prince Edward on *Substitute Decision Makers* early in April was well represented. The event was hosted by Hospice Prince Edward with the topic of how to pick and what you should know about Substitute Decision Makers.

Our *Activity Signup Day* on the Saturday, April 27th Coffee Morning will be represented by more than 20 of our activity coordinators with information regarding each activity. As always, we expect to have a great turnout from residents curious about activities. Activity coordinators are planning another successful year of activities, events and functions for WOTL and I would like to thank each and every one of you; you are an asset to our community and without you, our lovely way of life here in WOTL would be non-existent.

Over the month, everyone should see work happening in our gardens and parks. Some preventive work has already occurred with the application of corn gluten. Garden maintenance should be starting soon followed by planting of flowers, etc. More details to follow.

Our total solar eclipse day party was a huge success for participation but due to an overcast sky, the viewing was limited. As a note, our next total solar eclipse in Ontario is August 2144. To kick off the month of May, we are having our annual Garage & Bake Sale on Saturday, May 4th. We are looking for your lightly used household items. Pickups, drop-offs, setups of your treasured items will occur in the days leading up to the big sale. We have a tremendous turnout of volunteers and we are looking forward to a huge successful Garage Sale. Thank you all for volunteering as this Garage Sale would not be successful without you.

The *Membership Renewal* for 2024-2025 is coming to an end. However, if you are one the few who have not yet paid your Membership fees, please reach out to the Membership Committee to take advantage of being a WOLRA member (including your spot in an activity) as I am sure you wouldn't want to miss out on anything our community has to offer! Special thanks to all members of the Membership Renewal group. See page 10 for more information.

The deadline for volunteers for the *WOLRA Board of Directors* is coming to a close and up to this point the Nominations Committee has received a number of residents who have stepped up for the June elections (see page 6 for more information).

WOLRA and Frontier are planning to have the swimming pool open for mid-May. The opening time is based on scheduled maintenance with St Lawrence Pools that is set for early May, and the mandatory Provincial Inspector's visit thereafter. You can find the swimming pool hours as well as the rules and regulations on page 55.

Continued next page...

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Our *Volunteer Appreciation Day* is scheduled for Thursday, May 23rd and is WOLRA's special day to show gratitude to those individuals who use their valuable time to make WOTL an amazing place to live.

We have found our Webmaster! She is Donna Wood and brings a vast amount of experience with her. Donna is still catching up and will soon become an integral part of the web project group. We are getting close to completing the new WOLRA web project. Demonstrations will be starting soon. Please see Derek Mendham's article on page 11.

We are still searching for a new *Neighbourly News* Editor and editorial resources to help with publication, emails, organizing ads, articles, pictures, calendar etc. for the *Neighbourly News*. Pam will provide training and support if needed. If you have some experience with Publisher (or other suitable program capable of handling the volume of ads and images) please let Pam know, see page 9.

Frontier has been upgrading some of the Rec Centre areas and have plans for other areas. Our lobby washrooms now have new floors, sinks, toilets, and painted walls. Frontier will also be replacing the hallway and lobby floors this year. The Main Hall and Library are scheduled for next year and the Card, Dance, and Billiard rooms are scheduled for the year after. Along with the new Library floors, we will also be redesigning the Library.

The tennis court is getting a new net! The old tennis net has seen its years and now needs to be replaced. We have also purchased squeegees to clear the water from the court and will be installing a new shed to replace the small storage unit we have now. Final purchase will be a Pickleball Training Launcher. We have new players joining and this machine will help everyone from no experience to the most experienced, improve their game.

On May 25th, the 2024 edition of last year's popular Mardi Gras/Bayou Boogie will take place, once again featuring Shawn Dore's 'The Big Blues Band'. The theme is that of a Jazz Funeral. It is intended to be a celebration for all the parties Maureen McNeill has organized for us. Tickets for this event have sold out.

We have 2 upcoming Speakers Corner sessions: *Dementia Friendly Communities* on Monday, May 27th and *Maintaining Good Brain Health* on Monday, June 3rd.

The Theatre group *Happy Hour Players* has been busily rehearsing for upcoming June shows: the 21st to 23rd. A Saturday Coffee morning for the Theatre group has been scheduled for May 11th for ticket sales.

Let's all get out and enjoy the spring!

Doug Henderson, Vice-President, WOLRA Board



Lovin' Where We Live!

'Mute swan mom with her very young fluffers.'

Sheila Ascroft sheilaascroft.com



CALL FOR BOARD MEMBERS!

BECOME A MEMBER OF THE BOARD THAT STRIVES TO SHAPE OUR COMMUNITY!

- HELP MAINTAIN A STRONG, VIBRANT COMMUNITY & NEIGHBOURHOOD WITH SAFE/ TRANQUIL ENVIRONMENT
- SHARE RESPONSIBILITIES WITH BOARD & WOLRA SUPPORTING THE ACTIVE LIFESTYLE & SOCIAL ACTIVITIES OF WOTL
- CONTRIBUTE TO MAINTAINING EFFECTIVE COMMUNICATIONS WITHIN WOLRA, TO OVERSEE OUR COLLECTIVE INTERESTS

“We acknowledge and respect the inherent rights of residents and we attribute to them their long standing efforts and initiatives to make Wellington on the Lake a great place to live and prosper.”

WOLRA BOARD CALL FOR NOMINATIONS

The nominating process is still open to anyone else who would like to submit an application to join the Board as of July 1st. The slate of new candidates will be posted to our library bulletin board and to the WOLRA website in early May. Nominations will remain open until the close of the WOLRA May General Meeting on the evening of May 14th as per WOLRA’s Nominations Elections Policy (4.1 & 7.1). A June election will be declared at that time if necessary.

The duties of Board members include: monitoring the needs of our inside and outside facilities, working with our many activity coordinators to fund and ensure that their needs are met, keeping our secretarial and financial records, organizing special projects, maintaining effective communications with our members, looking out for our community’s welfare and the sometimes unique situation of our Leasehold residents. As you can see, there are a great many ways in which you can serve our community through a Directorship on our Board.

We would welcome nominees and it is not too late to put your name forward as an applicant for a Directorship on the new Board. If you are interested or have any questions, please don’t hesitate to contact one of the following Nominations Committee Members:

- Elaine Jackson (Chair) 613-399-3083
- Christine Trulsen 613-399-3041
- Kathy Memme 416-573-9925

CONTACT INFORMATION



WOLRA Board Snail Mail: P.O. Box 561, Wellington, ON, K0K 3L0



WOLRA BOARD E-Mail: wolrboard@gmail.com or wolra.comm@gmail.com



E-BLAST: To send announcement for E-Blast wolraeblaster@gmail.com



WOTL Website: www.wolra.ca



Contact WOLRA Webmaster: wotlccwebmaster@gmail.com



Post Photos on Website: wolraphotos@gmail.com



Post Articles FOR SALE OR WANTED On Website: wotlccwebmaster@gmail.com
OR in *Our Neighbourly News Magazine* neighbourlynews@gmail.com



Our Neighbourly News Magazine ARTICLE SUBMISSIONS/Requests/ Questions for Editor: neighbourlynews@gmail.com

Advertising Info: grahamt1953@gmail.com

Home delivery of NN: \$24/year E-transferred to wolratreasurer@gmail.com



REGISTER TO RECEIVE MONTHLY LINK TO *Our Neighbourly News Magazine* (WOLRA Members): b.mcdonald1048@gmail.com

REGISTER TO RECEIVE WEEKLY E-BLASTS of Important Upcoming Events (WOLRA Members): b.mcdonald1048@gmail.com



BECOME A WOLRA MEMBER and/or ACQUIRE A NAME TAG:

Call Brenda McDonald at 613-399-5859 or b.mcdonald1048@gmail.com



Birthday & Anniversary Celebrations: Call Brenda McDonald at 613-399-5859



Telephone Directory Changes: Call Brenda McDonald at 613-399-5859 or b.mcdonald1048@gmail.com



Rec Centre Room Bookings: Go to website for ONLINE BOOKING:
www.wolra.ca (or wotlbookings@gmail.com)

FRONTIER Site Administrator: Renie Thompson in Frontier office at RC (613) 399-3835 or email reniet@sandbankhomes.com.

FRONTIER EMERGENCY 24/7 613-922-5177

DAIMLER General Manager, Doreen Kendall (613) 848-6490 or dkendall.drpl@gmail.com
(Leasehold Residents) Daimler Retirement Parks Ltd., PO Box 23024, Belleville, ON K8P



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ADVERTISER INDEX [CLICK ON ADVERTISER NAME & GO!](#)



Tell our advertisers you found them in WOTL's *Our Neighbourly News Magazine*.

To advertise in the NN, contact: grahamt1953@gmail.com

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Continued next column...

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WANTED: NEIGHBOURLY NEWS EDITOR OR EDITOR & TEAM

If no one volunteers for these positions, *Our Neighbourly News Magazine* and the advertising revenue that it generates will disappear after only 13 more issues! Although June 2025 is my absolute, final, 10 year deadline as NN editor, there are other things I would really like to do and experience, plus it's time for a fresh, new perspective so that means...

NO NEED TO WAIT... You are welcome to take over any of the tasks anytime now. It can be as 'bare bones' or copious as you choose. It's a fun job (if it wasn't, I wouldn't have done it for so long). And it's a great way to make a valuable contribution to our community, on your own time and from anywhere (even Snowbirds!). You can have as much or as little help as you wish/need. However if no one steps up before June 2025 there is no guarantee that I will be available to help. The position could be split up amongst different volunteers for different tasks/duties, or some of the duties could be eliminated:

Editor:

- Organize and create monthly NN & calendar using Publisher or other suitable program.
- Remove, revise or add advertisements each month.
- Send out mid-month deadline reminders to advertisers who change their ad monthly, resident groups who provide a different article each month, etc.
- Check for/confirm residents (current or past) who have passed away for condolences page.
- Send NN and calendar to post on website (and link to advertisers and WOLRA members.)
- Send NN to Printcraft.

Creation of Advertisements & Event Posters:

- Occasional ad creations and event posters (position filled).

Researcher:

- Look for interesting information, news, humour, entertainment, and events in the County that might be of interest to residents, including any news stories involving WOTL residents and send to the NN editor.

Photographer (cell phone is fine):

- Attend WOTL events, take photographs, send photos to the webmaster for posting on the website and the NN editor for the NN.

Proofreader (s): One current PR will continue, at least one more needed.

Delivery:

- One person to keep NN delivery list updated.
- One person to pick up NN from Printcraft in Picton, split up and bag for delivery people.
- Delivery people (1 + 1 backup): Delivery of print NN at the end of each month (approx. 35 to residents without computers, with medical issues or have paid for delivery) and deposit remainder in RC library.

No Experience Necessary • Basic Computer Skills Required (for editor position)

LET'S TALK! neighbourlynews@gmail.com **Pam Smith**



MEMBERSHIP RENEWAL

HAVE YOU RENEWED YOUR WOLRA MEMBERSHIP YET?

April was our Membership Renewal Month. What a great response! Thank you to all the members who responded and renewed their WOLRA memberships. They will continue to enjoy all the benefits of membership and they are also supporting our wonderful community.

All WOLRA memberships need to be renewed by May 1st . Don't forget, you must be a WOLRA member to participate in the activities that we organize. If you're not a member you will no longer receive eblasts or the alert when the latest *Neighbourly News* is available. And you won't receive a copy of the 2024-25 WOTL Telephone Directory.

If you are someone who likes to leave things to the last minute, or you're just making your way back to WOTL, you can still renew. Renewing your WOLRA membership is easy.

To renew by e-transfer just send \$20 per person to wolramemberfees@gmail.com. Please note this is a different email than the one you have used before, so we suggest that you remove the old address from your bank account, or change it to the new one, before sending funds.

Drop off your payment – a locked box is located in the Main Lobby at the Rec Centre. Just fill out your name and address on one of the envelopes provided, place your cash or cheque in the envelope, seal it and deposit it in the box. A receipt will be emailed to you.

If none of the above methods work for you, or if you have any questions, just call **Brenda McDonald, WOLRA Membership Chair at 613-399-5859.**

We will be distributing your new membership cards and the 2024-25 Telephone Directory during May (dates to be announced via eblast).

We appreciate the support of all our members; thank you!



If you have signed up for or renewed your WOLRA membership for the 2024-25 year, in addition to all its other benefits, you

can also expect to receive your membership card and the 2024-2025 WOTL telephone directory during the month of May. Dates TBA, watch for e-blasts!



LAUNCH PLANS FOR THE NEW WOLRA WEBSITE



We have the launch plan developed and in place, ready to activate as soon as we are satisfied that the new WOLRA Website is fully operational and ready to serve the needs of our community. We expect this to happen very soon and we will announce the dates shortly.

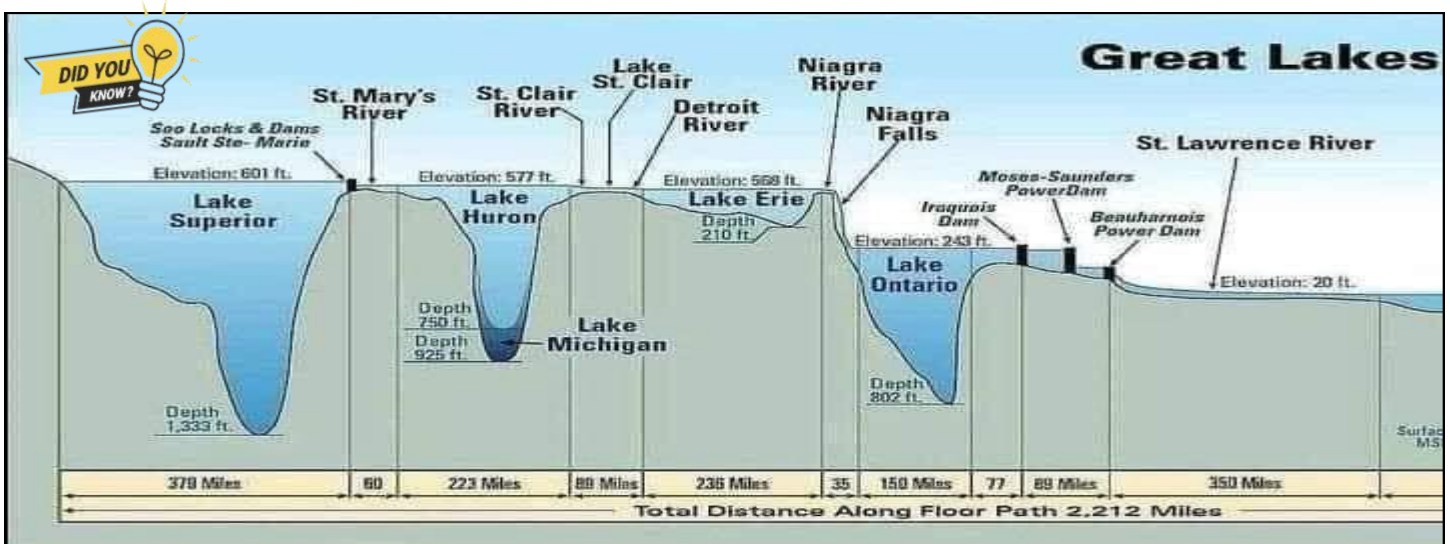
Here is the plan:

We will issue a Special Eblast to inform everyone of the date that the new website will be "turned on" and open to everyone. Also listed will be the dates and times of several "Information Sessions" to be scheduled over a three-day period in the Rec Centre. These sessions will be about one hour long and will introduce and describe the website and all the new functionality, such as Room Bookings, that are available – there will be time to answer your questions.

An email will go out to every WOLRA Member detailing how to "login" to the site, and it will contain your individual user name and provide instructions on how to establish your individual password – yes, for security reasons there will be no more standard use passwords and no one will be able to access the Member Portal without logging in with their individual username and password.

Our plea for a new Webmaster has been successful...Donna Wood volunteered after reading our *Neighbourly News* article last month. Donna has a strong background in Website design, creation, setup and maintenance and she is already "on the job" assisting with our design and a number of issues we are working to overcome in the new site. We are extremely pleased to have her on board to assist us with the implementation of the new website and our digital communication strategies. I would like to thank the Website Team for all their work and the long hours and we will be touch with everyone very soon.

Derek Mendham
Director, Communications





“SHOOTING FOR
THE LONG WEEKEND IN MAY”
...FRONTIER

See **INSIDE WOLRA** for more info and
page 55 for pool regulations.

DEMENTIA FRIENDLY COMMUNITIES

SPEAKER'S CORNER
Monday, May 27th 1:30 to 3:00 in the Main Hall




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**First you forget names, then you forget faces. Then you forget to pull up your zipper...
It's worse when you forget to pull it down.**



**THANK YOU TO THE
WONDERFUL RESIDENTS WHO
PARTICIPATED IN EARTH DAY LITTER
COLLECTING; YOU ROCK!**



Peter Campbell

Dave Silver

**COMMUNITY CARE HELPS
SENIORS LIVE SAFELY AT HOME
COMMUNITY CARE HAS LOTS OF
OFFERINGS SUCH AS HELP AT HOME,
FREE GROCERY PICKUP &
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MEDICAL APPOINTMENTS, FUN
ACTIVITIES AND A WHOLE LOT MORE!**

Website:

www.communitycareforseniors.org



Royal Canadian Legion Branch 160 - Wellington, ON
22h · 🌐

Yesterday Branch 160 held it's annual Honours and Awards afternoon. There were numerous well deserved pins and certificates given. A big thank you to Zone Commander Judy Heasman for coming and being part of the presentations. Also a big thank you to Angela Snider for her great organizational skills co-ordinating this event - thank you!

We had the following Citizen of the Year, Volunteer of the Year and Legionnaire of the Year presented

- Citizen of the Year [Rotary Club of Wellington, Ontario](#)
 - Volunteer of the Year Joan Boyd
 - Legionnaire of the Year Brenda Silver
- CONGRATULATIONS!

**If life's a journey, the bags get heavy sometimes.
Ah! But laughter is the friend that helps us carry them.**

Source: Lynn Johnston
For Better or For Worse 1996
via Brian Beasant

FOR SALE

COVID PUZZLES

During the pandemic I passed the time doing many jig-saw puzzles. Since then I have given some away but now it's time to sell the remaining boxes. Most of them are 1000 pieces and good quality names.

The puzzles will be on display at my place, 16 Aletha, on Wednesday May 8th from 10 to 12 noon at \$2 each. All proceeds will go to The Storehouse Food Bank Wellington.

Marie Wall



"That silly dog spends HOURS chasing that little ball!"

WELLINGTON UNITED CHURCH LOOKING FOR PART-TIME CHOIR DIRECTOR

Wellington United Church is searching for a part-time Choir Director to provide music leadership to the choir of about 12 members. You will work in unison with the Minister and Accompanist in planning the music portion of Sunday morning worship. Choir practices are held Thursday afternoons and one service, beginning at 10:30am on Sundays. This will include special seasonal worship services and celebrations in the life and work of the congregation. The Choir Director role is for a paid work term of 10 months, with a two month sabbatical (currently July & August). For a copy of the job description or to submit a resume, send an email to Pat Howard: pathoward8@gmail.com



ROTARY CLUB OF WELLINGTON WELLNESS SERIES

Join the Rotary Club of Wellington for a third in a series of Wellness seminars this time on **PREVENTATIVE MEDICINE** presented by **Dr. Gord Holton**, Prince Edward Family Health Team.

AT: Wellington and District Community Centre on Tuesday, May 21st at 7p.m. Healthy refreshments served!

Contributed by Margo Langford

I would like to offer my heartfelt thanks to everyone who assisted me when my little dog was hurt. I feel truly blessed that neighbors who I had not met before that evening jumped in to help and saved my pups life. She is recovering well though it will be a bit of a journey yet. I would also like to thank everyone who called and checked up on us; We truly live in a great community!

Melanie Regan on Sandbanks



ACTIVITY SIGN-UP DAY

Lots of activities here in WOTL now that summer is almost here!

There will be a Coffee Morning / Activity Sign-Up Day on **Saturday, April 27th** starting at 9:30am in the main hall.

BRING YOUR MUG AND \$1 * 50/50 Draw *



Many of the activity coordinators will be there to answer your questions and sign you up if you are interested in joining.

HOPE TO SEE YOU THERE!

* ACTIVITY COORDINATORS *

Please contact Kevin Flynn at wolraspecialprojects@gmail.com to book your spot at the Activity Sign-Up.

Hopefully, the NN is out BEFORE the actual event...



The month of May is named after Maia, the Roman goddess overseeing growth. This month witnesses warmer temperatures as the season transitions to summer. It's also the time when flowers bloom.

For those reasons alone, it's worth celebrating May. And songwriters did not pass up the opportunity to pen songs celebrating this time of the year. There aren't that many songs about May, but here is a decent compilation. Say hello to spring with 10 of the best songs about May.

Source: HelloMusicTheory.com

[The First of May](#) BeeGees

[Month of May](#) Arcade Fire

[End of May](#) Michael Bublé

[The May Queen](#) Robert Plant

[May 16](#) Lagwagon

[5 Days in May](#) Blue Rodeo

[Early Morning May](#) Ronald Jenkees

[May Queen](#) Liz Phair

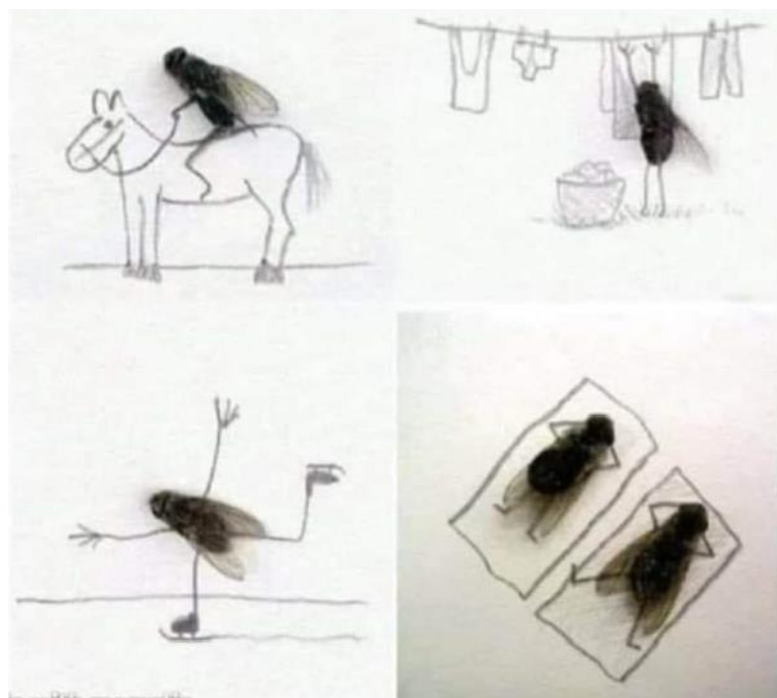
[May Queen](#) Heather Dale

[Maybe Next May](#) Secrets

May, just like the other months, is a good inspiration for writing songs. It references or symbolizes the changing seasons, renewal, growth, and even rebirth. It's also a good time to look forward to great things in the future. Or look back and reflect on the sadness of the past or the opportunities missed.

Editor's Note: Not all the songs are great but the ones that are... are.

Fun things to do with dead flies...





KARAOKE



KARAOKE NIGHT

Sunday, April 14th

.....

A MCNEILL/STEWART PRODUCTION

.....

Thanks to Scott McNeill for the photos!



The sun got mooned!



Total Solar Eclipse
APRIL 8, 2024

... AND WELLINGTON ON THE LAKE BORE WITNESS!
Or tried to. Unfortunately the sky was cloudy so not much to see. But what a turnout and great to see people all together, marking the beginning of many such opportunities over the coming months. What was really cool to witness was the sudden steady darkening (with an otherworldly golden glow, as in photo below). From afternoon to dusk to midnight to afternoon again over just a few minutes. Guess we will have to give the next path of totality a miss in either 2144 or 2399!



"April 8th they are in the path of totality and they don't care...lol. It's dark all night so they can handle 2 minutes."
Source: Mark E. Hopper, Belleville Neighbours FB

We're not supposed to talk about this but... The eclipse is actually a repair that's being made to the dome over the earth. What they're calling the path of the eclipse is actually a seam where 2 parts of the dome connect. They have to re-seal it because it's come loose over time. The alien overlords are doing this for our protection. Nothing to worry about. *Source: Sid Wells, FB*

Total eclipse of the cat



April 1st I received the following email from Richard Fujimoto: "I have not seen the announcement that the Board decided to postpone the solar eclipse festivities until April 9 due to the high probability of rain on April 8th. Can you confirm?"

I said to Alan; "Why would he ask me? How would I know?"
Alan laughed and laughed...
You got me Richard!

Pam Smith



"The wife said the eclipse reminded her of our honeymoon, all that hype, lights went out and 3 minutes later it was over."

Garden in a Box Giveaway | Sunday, May 5 | London Avenue Park (26 London Avenue, Picton)

This event is hosted by the County Garden Club at the London Avenue Park on May 5 from 1 pm - 3 pm. Included are a wooden box, veggie, herb and flower seedling/seeds. There will be demonstrations on how to plant these boxes. >>

[Learn more](#)



Garden in a Box Give Away



If you have new neighbours, be sure to advise them to contact Renie at the Rec Centre office to ensure their residency is documented in our records and to acquire a Rec Centre key (613-399-3835 or email reniet@sandbankhomes.com).

Also, to call Brenda McDonald at 613-399-5859 or email b.mcdonald1048@gmail.com to arrange their WOLRA Membership with all the benefits that provides .

NEW NEIGHBOURS

| | | |
|-------------------------------|-----------|-------------------------------|
| Connie Allison-Goodwin | 2 Cretney | 613-847-0667 |
| David Davies & Morag McDonald | 12 Aletha | D.647-997-6572 M.647-833-7669 |

WOTL SINGLES SOCIAL CLUB

Not a dating club!

The Singles Social Club's next meeting will be held on **Monday May 20th**, 2 -4 pm, in the Main Hall. Our members are currently planning our annual June BBQ.

Dale & Joyce WOTLSSC@gmail.com

New Members Are Always
Welcome

WATCHING JAWS THE WAY



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Believe it or not it's time to think about Canada Day festivities. Once again there will be a street dance on June 30th featuring *Cue The Funk* as well as FIREWORKS! There will also be a parade and entertainment in the park.

This year is special, it is the 100th anniversary of the RCAF so that will be the theme for parade participants. SOOO put on your thinking caps and start planning how WOTL can celebrate by participating in the parade.

So far the plan by the Wellington Recreation Committee is to have all vets at the front of the entire parade right behind the pipe band. Some will be walking but some will require a ride in a car. There may be need for some help providing cars so if you are willing, please contact Brenda Little, brenda.little20@gmail.com. July 1 will be here before we know it so let's get thinking!

Brenda Little



THANK YOU FOR SUPPORTING LEEWARD HOUSE

To all of the generous residents of Wellington on the Lake who kindly donated household items to Leeward House THANK YOU!!!

The staff and residents are thrilled that so many people helped to furnish their new home. Leeward House is the first transitional facility in Prince Edward County to help them create a better life for themselves.

By the time you read this, the house will be at capacity of nine single people who will embark on a new journey of life. The residents will receive support from social services to help them adjust and navigate the next few months of their lives with the hope that they will attain permanent housing in the future. This innovative, public private endeavor is thanks to Base 31 stepping up to purchase the former retirement home and in collaboration with PEC this project will remain not for profit.

Once again, thank you to everyone who so kindly and quickly answered the call for help.

Brenda Little



REMINDER RE BRIDGE CLOSURE

A full closure of the Bay of Quinte Skyway Bridge will take place between Saturday, May 11 and Monday, May 13. **The closure will take place from 6 am on Saturday, May 11 to 6 am on Monday, May 13. This closure is in addition to the nightly closures scheduled Monday, April 29 to Friday, May 3.**

Brenda Little



2024 Hazardous and electronic waste mobile event schedule at the Wellington Community Centre

All residents are invited to dispose of their household hazardous and electronic waste free of charge at several mobile events during the year.

- The mobile events hosted by Quinte Waste Solutions will be held at a NEW LOCATION this year to avoid congestion and provide better service. The events take place at the Wellington and District Community Centre (111 Belleville Street) from 9 am – 2 pm on the following dates:
 - Saturday, May 11
 - Saturday, July 13
 - Saturday, August 10
 - Saturday, October 19
- Household hazardous and electronic waste can be found in almost every room of your home. These products, if thrown in the garbage or poured down the drain, can have negative effects on the environment including an impact on groundwater and surface water such as creeks, rivers, and lakes.



THEATRE, MUSIC, DANCE & COMEDY ALL SUMMER AT THE EDDIE & BASE 31
FORMERLY FESTIVAL PLAYERS

countystage.ca

@countystage

The Eddie BASE31

HAZARDOUS / ELECTRONIC EQUIPMENT WASTE DISPOSAL

Did you know you can also drop off hazardous and electronic equipment in Belleville at the waste disposal site on Wallbridge Crescent for free? <https://quinterecycling.org/>



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Rec Center at 5:30 pm

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Meal contains:
Caesar Salad, Garlic Bread
Choice of main entrée
Dessert: Iced Brownie

May Meal Feature
Chicken Alfredo
or
Veggie Lasagna

Thursday May 23
Cut off date: May 13

Contact for details! Watch our social media & website!
Payment at time of order allows fast & easy pick ups & deliveries

DINERS & DUFFERS

This is the 20th year that the Rotary Club of Wellington has been selling the Diners & Duffers booklets. All the money raised over the years has been reinvested to enhance our community. Last year we sent several children to enjoy a week at summer camp.

The booklets cost \$40.00 and contain \$4,000.00 worth of coupons to reduce rates at local wineries, restaurants, and golf courses.

Booklets can be purchased at Wellington Home Hardware, Picton Home Hardware, McDougall Insurance in Picton, or from Norm Dodgson at normdodgson@hotmail.com



ENDLESS Summer

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Unwind at Picton's Finest Day Spa
14 ELIZABETH ST DOWNTOWN PICTON
FOLLOW US ON FACEBOOK & INSTAGRAM FOR OUR CURRENT PROMOTIONS

MESSAGE FROM MLP RESIDENCE (LONG-TIME WOTL TELEPHONE DIRECTORY ADVERTISER)

Hello Prince Edward County & surrounding areas! We are currently seeking local seniors' clubs to host meetings at MLP Residence. We wish to give our residents more opportunity to be involved with the community. This also brings new opportunities to build friendships with local seniors in the area. If you host or are involved in any type of senior club and would like to join us at MLP, please reach out to us through Facebook messenger, or by calling our Activities Coordinator, Trish, at 613-476-0444 extension 506. Thank You!



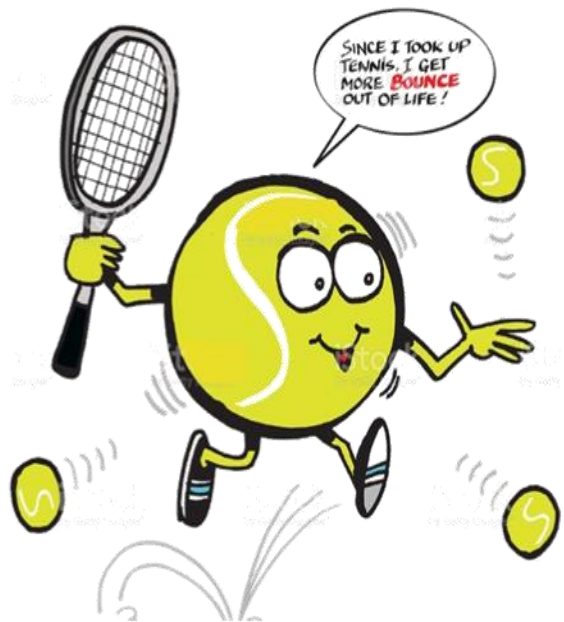
Thank you all for coming. Starting next year, Mother's Day will find me at the Royal Hotel spa.

Two guys, one old, one young, are pushing their carts around Wal-Mart when they collide. The old guy says to the young guy, "Sorry about that. I'm looking for my wife, and I guess I wasn't paying attention to where I was going." The young guy says, "That's okay, it's a coincidence. I'm looking for my wife, too... I can't find her and I'm getting a little desperate." The old guy says, "Well, maybe I can help you find her...what does she look like?" The young guy says, "Well, she is 27 years old, tall, with red hair, blue eyes, is buxom...wearing no bra, long legs, and is wearing short shorts. What does your wife look like?" To which the old guy says, "Doesn't matter, --- let's go look for yours." *Contributed by Paul Denault*



TENNIS SIGNUP

A notification will be sent out to members of the 2023 tennis group on their intentions for the 2024 season. For new members wanting to join or get more information, you can contact Jerry at jerrypuklicz@yahoo.ca Games are scheduled Monday to Saturday - all in the morning. All games are in a doubles format with a 90 minute clock. Last season, we had a beginner's group who mostly played amongst themselves to gain experience with the intention of being integrated with the regular players this coming season. If there is interest in a beginner's group this season, we can accommodate that request if we have the numbers.



BATHING IN THE 1500s

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women, and finally the children. Last of all the babies. By then the water was so dirty you could actually lose someone in it ... Hence the saying, "Don't throw the baby out with the bath water!"



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• Shredding Service
• Passport Photos

The Travel Club

COLLECTING MEMORIES ONE DESTINATION AT A TIME

Dear Travelers and Friends:

Many of you have by now returned from winter travel to sunny destinations or are preparing for summer travel . We are all in motion, somehow, somewhere ... and that is good. Please keep moving, there is so much to see, to experience, to learn and to enjoy.



Mirvish production has *Les Misérables* on stage in Toronto during the months of April and May until June 1st <https://www.mirvish.com/shows/les-miserables>. The Westben Barn Theatre celebrates its 25th anniversary this year with a special selection of performers and performances <https://www.westben.ca/2024-season-festival>. This is one of the many summer highlights and it is strongly recommended to attend. Also the Barra MacNeill's are performing, and a string quartet from New Zealand; check it out.

Toronto's Mirvish Production "Come From Away" begins September 22nd at the Royal Alexandra Theatre. This is a global sensation 'must see' play; get your tickets by clicking on the image to the right.



Our neighbouring community to the north - Tweed/Bancroft - has a summer theatre under the direction of the great artistic director, Tim Porter. Tim Porter played very successfully in the *Beanstalk Panto* at the Kings Wharf Theatre in Penetanguishene <https://www.tweedandcompany.com/>. And there are others in our area. Be curious, find out and make it a daytrip with a nice lunch by the water or another beautiful location. The Garden Tour to our next door neighbour Lennox and Addington County can be a great experience without lots of driving. <https://livethegardenlife.gardenscanada.ca/garden-route/1000-islands-and-rideau-canal-garden-trail>

Our own Travel Club is gearing up for the long awaited trip north to the Agawa Canyon. Many almost gave up on it happening, but we are going! September 19th to 23rd this year we are on the road again. Five days with lots to see, experience and a good time with friends and neighbours. Bus, train, ferry, hotels are all booked and under contract. The sun and good weather for fall colours are ordered. We are excited to GO!

As for me, your Travel Club organizer ... I am traveling a lot this year, privately and as a tour guide. It will keep me busy, so busy that sometimes it seems I am only visiting my own house, not living here. Alaska, Newfoundland, Eastern Canada, Scotland, Agawa Canyon, Air Show in London, Indian Summer ... the year will fly by.

Please stay in touch and share your own travel adventures by writing a short story for *Our Neighbourly News Magazine* neighbourlynews@gmail.com. We'd all like to hear about it and I promise I will share too. Wishing all of you an interesting, educating, FUN summer of 2024.

**Christine
Debbie and Gail**



Travel is more than the seeing of sights. It is a change that goes on, deep and permanent, in the minds of the living." Miriam Beard

IT'S HUGE!!!

WELLINGTON ON THE LAKE
ANNUAL COMMUNITY GARAGE SALE
SATURDAY, MAY 4TH
7:30 AM - NOON






| | | | |
|-----------------------------|-----------------------|----------------------------|----------------|
| LOTS OF GREAT DEALS! | | EVERYTHING MUST GO! | |
| Clothing | Linens | Appliances | Xmas Décor |
| Electronics | Jewelry | Plants | Games / Books |
| Kitchen Items | Home Décor | Bric-a-Brac | Artwork |
| Furniture | Outdoor tools & décor | Craft Supplies | & So Much More |

*** PLUS A GIANT BAKE SALE ***





**WELLINGTON ON THE LAKE
PRINCE EDWARD COUNTY
RECREATION CENTRE
14 EMPIRE DRIVE
(HWY 33 / PRINCE EDWARD DRIVE / EMPIRE)**

PORTION OF PROCEEDS GOING TO VARIOUS PEC CHARITIES

CALLING ALL GARDENERS!

Finally we can garden! As we get going, think about the upcoming Garage Sale for your cuttings, etc. as we usually have a plant section and they often sell well. Please bring your donations to the Rec Centre on Thursday or Friday, May 2nd or 3rd.



GARAGE SALE PICKUP

9am - 3pm May 2nd

If you require items picked up for the garage sale on Thursday, May 2nd contact Rick Stevens at 613-399-2022 (after April 25th) or email rickstevens1957@gmail.com. No one will be answering the phone or emails on the pickup day as we will be busy out on the road.

So get your pickup booked SOON!




CALLING ALL BAKERS!

Everyone loves homemade baked goods. Here is the chance for all WOTL residents to put their skills to good use. Types of goodies needed are: muffins, cookies, pies, scones, cakes, breads, squares, tarts, etc.

Sugar free and gluten free would also be appreciated due to our changing food habits.

Bake sale team members will be at the RC on Thursday, May 2nd between noon and 5pm and Friday, May 3rd between 9am and 5pm to accept baked goods. It would be greatly appreciated if items could be labeled 'NUTS' or 'NO NUTS'.

If you need any additional information, please do not hesitate to contact Heather Beaumont, hbeaumont0@icloud.com or 613-849-8503.



GARAGE SALE DROP-OFF

DATES

THURSDAY, MAY 2nd • 8am-3pm
FRIDAY, MAY 3rd • 8am-noon



NO LUGGAGE
NO SMELLY, STAINED, EXPIRED, BROKEN OR TORN ITEMS

THE ANNUAL ROMEO DRAW FOR \$1000

As in previous years, tickets will be a hot commodity and early purchase is strongly recommended.

Remember that all proceeds after the winning prize is disbursed will benefit the WOTL Children's' Christmas Stocking Fund, Prince Edward Memorial Hospital, and Hospice Prince Edward.

The Draw will be held on Saturday, September 7th and tickets can be purchased from any of the following ROMEO members (starting date for sales TBA, watch e-blasts & NN):

- Brian Beasant 399-5394**
- Dave Silver 399-1651**
- Roy Perkin 399-1752**
- Keith Norris 399-5799**
- Cliff DeLeon 399-5984**

GOOD LUCK!
Geoff Telling & Wayne King



WEST LAKE COMMUNITY ASSOCIATION
PRESENTS THE ANNUAL

West Lake ARTISAN Show & Sale

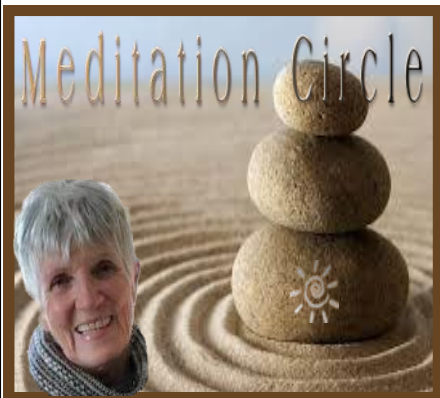
SATURDAY JUNE 22 10AM-3PM

FREE ADMISSION

THE MEETING HOUSE SANDBANKS (White Church)
1901 County Rd 12 PEC

- 50/50 Draw
- Indoor & Outdoor Vendors
- Rain or Shine
- Silent Auction

For more information, visit our website:
westlakepec.ca/news



Tuesday, May 21st - 5:00 - 6:00pm in the Card Room

A guided meditation, silent time, and an opportunity to send our natural healing out beyond our circle to those you care about, in a safe space among like-minded community. If you have a question, please call Roz at x5414 or e-mail rozwriter@hotmail.com.

'Treat your meditation practice like a toothbrush. You shouldn't forget about it, but you also shouldn't worship it.' Ethan Nichtern

April featured an exhibition of paintings by Pam Smith which will be taken down just before the garage sale. After the garage sale will be an exhibit of "My House". Artists will create a painting of the front of their house. Looking forward to that!

wellington on the lake art group



Update on the WOTL Art Group's *Global Roots Canada Friends & Family Project*: Remember last October the Art Group hosted a Coffee Morning featuring their submissions for the GRCF&F Project. At the time it was not known where in Canada the mural would be posted. Click on the image below to read the Press Release at the bottom of the page but long story short... Alberta. Sadly not Ontario.





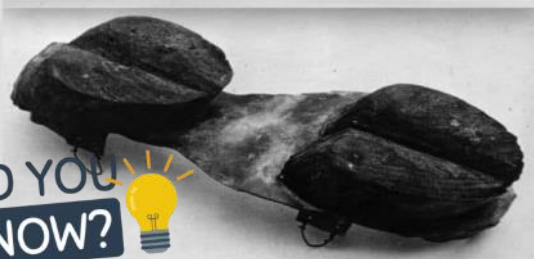
Duffers Golf will start on June 5th. The Wellington Golf Course is now open and most groups will begin during the first half of May. I thought I would give everyone a chance to warm up and be ready to play good golf. Our game is precision hitting. From having 2 players hit into the sand traps on par 5's, putting between the opening of a toilet seat to many other strategic games. If you have another fun game to play, please let me know.

The signup sheet will be posted on the golf course board the last week of May. Remember, we play for fun and a good time.

Doug Henderson (dnhenderson@rogers.com)



During Prohibition (1920-1933), American moonshiners needed to dodge the police so they invented heifer-heels. These shoes made them resemble cows when moving through fields, preventing the cops from tracking their footprints. It's a unique way of "hoofin' it".



DID YOU KNOW?



Check Our *Neighbourly News Magazine* & E-blasts for requests for volunteers or contact a WOLRA Board member.

Volunteering enriches our society and brings us together as a community. Your role as a volunteer can give you a sense of pride and identity. Those who have retired or lost a spouse can find new meaning and direction in their lives by helping others.

Doing Good is Good for You Volunteering





Our spring session is well underway. There are some openings in the following classes. The cost would be prorated from \$100 per ten week session.

9:00-10:00 Advanced
11:30-12:30 Yoga with Chair

To register please send an email with your choice of class to ritaberzins@gmail.com Questions? Phone/text 613-399-3783 or email me.

From Janice Duffy, our instructor:

In the journey of life, especially as we gracefully advance in age, the significance of movement and challenge in our fitness routines becomes ever more profound. While the world around us may sometimes suggest slowing down, it's crucial to understand that our bodies thrive on movement, and embracing challenge can rejuvenate both body and spirit.

For many of us the idea of exercise might conjure images of strenuous activities or intimidating gym routines. However, let's reframe this notion. Movement, in its various forms, is a celebration of life. It can be as simple as a leisurely stroll in the park, a gentle swim, or a rejuvenating yoga session. These activities not only promote physical well-being but also uplift our mood and foster a sense of connection with our bodies.

Moreover, as we age, the importance of challenge cannot be overstated. While it's essential to respect our bodies' limitations and exercise within our comfort zones, it's equally vital to introduce elements of challenge to our routines. This can mean trying new exercises, gradually increasing resistance or duration, or exploring different fitness modalities tailored to our specific needs.

By embracing challenge, we stimulate our muscles, bones, and cardiovascular system, promoting longevity and vitality. Furthermore, overcoming challenge instills a sense of accomplishment and resilience, enhancing our overall well-being.

Variety is the spice of life, especially when it comes to fitness. Incorporating a diverse range of activities into our routines not only keeps things interesting but also ensures holistic development. From strength training to flexibility exercises, each modality offers unique benefits that contribute to our overall health and mobility.

It's important to approach exercise with a mindset of self-care and self-compassion. Listen to your body, honour its' signals, and adapt your routine accordingly. If an activity causes discomfort or pain, don't hesitate to seek guidance from a qualified professional.

As we navigate our lives, let's embrace movement and challenge as allies on our journey to optimal health and well-being. Whether it's a gentle tai chi session or a group fitness class, let each activity be a testament to the vitality and strength that resides within us.

Let's embark on this journey together, with a spirit of curiosity, resilience, and above all, gratitude for the incredible gift of movement.

Yours in movement,
Janice



**2024 SATURDAY
COFFEE MORNING
AVAILABLE DATES**

**Sign up in the RC library or contact
Doug Henderson:**

**(dnhhenderson@rogers.com or
416-716-3486) to find out just how
easy it is to host a WOTL Coffee
Morning.**

LOTS OF OPENINGS!

| | |
|------------|------------------------|
| 7/13/2024 | |
| 7/20/2024 | Red Hat |
| 8/10/2024 | CELEBRATION OF LIFE |
| 8/24/2024 | Silly Games |
| 9/07/2024 | ROMEIO DRAW |
| 9/21/2024 | |
| 10/05/2024 | |
| 10/19/2024 | ART GROUP |
| 11/02/2024 | |
| 11/16/2024 | |
| 11/30/2024 | |
| 12/14/2024 | |

| | |
|-----------|-----------------------|
| 4/27/2024 | Activity Sign-Up |
| 5/11/2024 | HAPPY HOUR PLAYERS |
| 6/08/2024 | |
| 6/15/2024 | |



**"You know you
want to host a
coffee morning...
Get together
with your
neighbours, your
friends, your
activity mates...
Lots of openings
and easy peasy!"**

**APRIL 13th COFFEE MORNING HOSTED BY
ST. ANDREW'S CHURCH**

Good turnout, great treats and the winner of the 50/50 draw was Sylvia McConnell. Thanks to Lorne Bailen for the photos.



**ST. ANDREW'S
ANGLICAN CHURCH**

244 Main St, Wellington
All are welcome!



THE ARCHDEACON NANCY BEALE


Invites you to join us for Sunday Services at 11am
613-399-1774 • www.standrewswellington.ca

VISIT OUR 'WHAT-NOT SHOP' (Tues., Fri. & Sat. 10 - 2, Thurs. 2-4)

Click and turn up the volume!



Walking ON Sunshine

Bayou Boogie/ Mardi Gras
2024 ThemeJazz Funeral - End of Event
Saturday May 25th

Arrival to New Orleans at 6:00pm

Indoor Jazz Funeral to start at 6:30pm

Dance the night away with

Shawn Dore & The Big Blues Band at 7:00pm

A LIGHT BITE WILL BE PROVIDED


BYOB- please bring your own glasses and snacks
(Ice will be provided)

Tickets will be \$20.00 each
Non Members \$25.00 each

SOLD OUT!

you can email me if you would like tickets
smaureenmcneill@gmail.com

See you there!



Photos from the Mardi Gras should be posted on our new website soon after the event.

In my dream world wine is free and drinking makes you thin.

Three sisters age 92, 94 and 96 live in a house together. One night the 96 year old draws a bath, puts her foot in and pauses. She yells down the stairs, "Was I getting in or out of the bath?" The 94 year old yells back, "I don't know, I'll come up and see." She starts up the stairs and pauses, then she yells, "Was I going up the stairs or coming down?" The 92 year old was sitting at the kitchen table having tea listening to her sisters. She shakes her head and says, "I sure hope I never get that forgetful." She knocks on wood for good measure. She then yells, "I'll come up and help both of you as soon as I see who's at the door." *Contributed by Kevin Flynn*



MOSE ALLISON

"Certified Senior Citizen"

I'm a certified senior citizen|
 And I don't have to pay full fare
 You might ignore me but doctors adore me
 Got my Medicaid got my Medicare
 I'm a certified senior citizen
 'Scuse me while I take my nap
 You don't like my drivin', I don't like your jivin'
 Just don't give me that ole timer crap
 It's true
 It could happen to you
 Take a bus
 Every single day there's more of us
 I'm a certified senior citizen
 Got Florida on my mind
 I won't even mess with checkers and chess
 Just take me to the place where they bump and grind
 This year
 It all seems too clear
 Understood
 It ain't nothin' but another childhood
 I'm a certified senior citizen
 And one of these days
 I'm gonna get myself a gray panthers punk rock band
 Raise hell in Arizona



Jesus was here



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Base31 is front page News in the March 31st Toronto Star, with a large photo of two of the senior execs on the site. The theme of the accompanying article is worker housing, with reference to a number of company towns where the employer supplied housing for its workers. Base 31 is going to do this for its construction workers. In addition, the article provides a brief history of the airbase and a summary of the plans for residential development of Base31, stating that it will double the size of Picton over the next 10 to 20 years with an eclectic mix of housing.

Click on the image above to read the article. Source: PEC Well Managed Community Group FB

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Bob loved the outdoors. Wound up with quite a collection.

A distraught senior citizen phoned her doctor's office. "Is it true," she wanted to know, "that the medication you prescribed has to be taken for the rest of my life?"
"Yes, I'm afraid so," the doctor told her.
There was a moment of silence before the senior lady replied...
"I'm wondering, then, just how serious is my condition because this prescription is marked 'NO REFILLS'." *Contributed by Paul Denault*

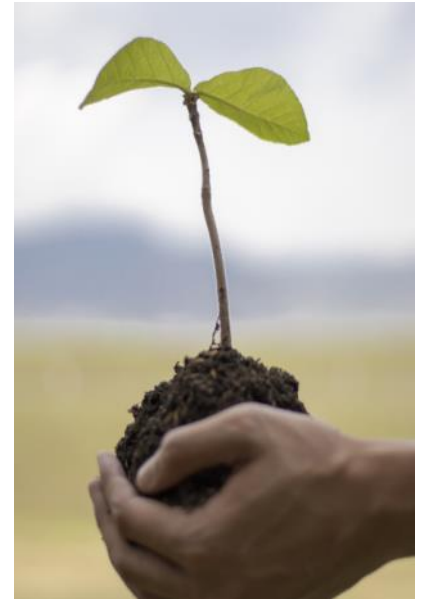
Tree Giveaway | Saturday, May 4 | Various Locations

Prince Edward County is hosting its annual tree giveaway between 9 am - 12 pm. A total of 2,000 trees will be available at the following locations:

- Prince Edward Community Centre (375 Picton Main Street)
- Wellington and District Community Centre (111 Belleville Street)
- Roblin Lake in Ameliasburgh (13 Coleman Street)

Residents can collect up to 10 free saplings from these locations for planting on their property. The goal of the giveaway is to promote an improved tree canopy in Prince Edward County and offset the recent loss of ash trees from the Emerald Ash Borer. Trees will be available on a first come, first served basis.

Varieties available will be depending upon the supplier. >> [Learn more](#)



RAIN BARREL FUNDRAISER



SAVING \$ ON WATER

For those of you concerned with the high water rates in the County you may want to consider purchasing one or two water barrels so you can collect rain water for use on your garden.

County Sustainability Group is once again selling rain barrels (the funds raised go to a Student Environmental Bursary for PEC students).

Local residents interested in ordering a rain barrel and/or various accessories, or wanting more information should go to www.RainBarrel.ca/csgpicton or click on the poste to the left.

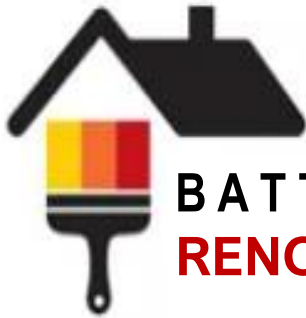
Sheila Hanbury

Good News! County Sustainability Group will be holding our 13th annual Rain Barrel sale this spring. Funds will go primarily towards supporting our 2 bursaries : PECE Student Environmental Award and County Ecological Farmer Award. Site www.rainbarrel.ca/csgpicton opens after March 22nd...World Water Day....so you can place your orders until a week or so before deliveries begin on Earth Day April 22. Don't delay if you want to have the best selection available of rain barrels, composters, rain tanks and accessories. Please note * ALL orders MUST be pre-paid online at www.rainbarrel.ca/csgpicton with a small delivery fee included and your orders are brought directly to your home or business location. Thanks for your ongoing support of this local initiative. Contact Don Ross at ecodonross@hotmail.com or call/text 613-4768016 if you have any questions.

FUN FACT ABOUT 'WAKES' OF THE 1500s

Lead cups were used to drink ale or whisky. The combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up, creating the custom of 'holding a wake'.

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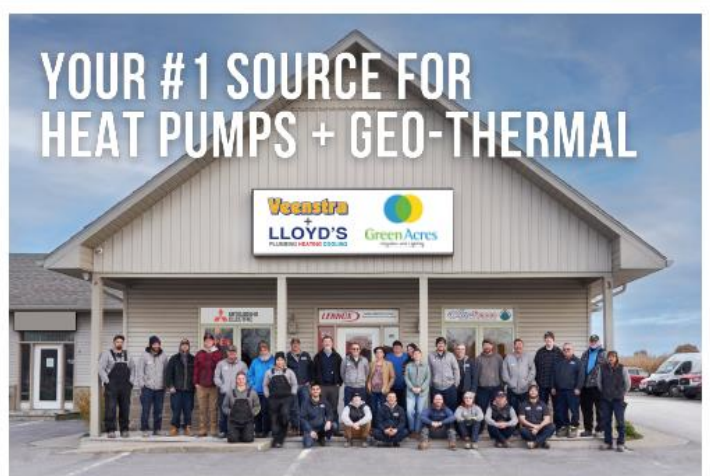
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Health & Wellness

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COUNTY DOC TALK



April 2024

Author: Adam Hambly

FLOWERS AREN'T THE ONLY THING COMING THIS MAY

Dr. Blackbyrne is delighted to be joining the wonderful team of Family Physicians in Prince Edward County. She and her family have been residing here for the last few years, and she is excited to be practicing in the community she calls home.

While Dr. Blackbyrne was born and raised in Toronto, the County has really rubbed off on her and her family. They now have a small bobby farm of 6 chickens, 5 sheep, 2 dogs and a horse.

When not practicing medicine, Dr. Blackbyrne enjoys spending time with her family, getting her hands dirty in the garden, looking after her animals and travelling.



RECRUITMENT NEWS

County Docs has a lot of exciting news to report! Let's start with some highlights:

1. Dr. Mary-Kathryn Blackbyrne will be joining our physician team in May 2024
2. We have confirmation that another physician will be joining our team in June 2024. We will be able to release her name soon.
3. County Docs successfully launched its Health Care Connect Premium Pilot Program. Keep reading for those details.

Our Health Care Connect Premium Pilot Program (that's a mouthful!) aims to support physicians with onboarding large volumes of patients at once. Typically, this is done in small numbers over time, as it's very time consuming, both clinically and administratively. With this premium, physicians will be able to roster 250 patients at once, using the premium to offset the additional clinical and admin costs. PEC Council provided funding for four premiums, and all four have already been spoken for. That's 1000 patients that will come off the Health Care Connect list! Rostering will begin this month and is expected to continue into the Fall. We plan to go back to PEC Council for additional funding, so stay tuned for those updates.

In terms of recruitment events, County Docs attended all three of our targeted events this past quarter. The Family Medicine Resident Retreat for the University of Western Ontario, the job fair for Queens' Family Medicine Residency program, and the Review Course in Family Medicine in Toronto all yielded some strong leads.

CURRENT STATE

With the addition of Dr. Blackbyrne, we'll have six physician opportunities in PEC. We had one community visit by a prospective physician this past quarter and are currently following a total of 37 leads in varying degrees of interest and readiness. We consider nine of these to be high potential and are following them very closely.

Frequently Asked Question

Q: Why is there such a shortage of family doctors across the country?

A: This is a complicated question, and there are a couple answers. Simply put, there is an increased demand and decreased supply. Fewer medical students are choosing to specialize in Family Medicine due to the high administrative burden, the costs associated with starting and running a practice, and the remuneration compared to other specialties.

An older gentleman was on the operating table awaiting surgery and he insisted that his daughter, a renowned surgeon, perform the operation. As he was about to get the anesthesia, he asked to speak to his daughter. "Yes, Dad, what is it?" "Don't be nervous, dear; do your best, and just remember, if it doesn't go well, if something happens to me, your mother is going to come and live with you and your husband..." *Contributed by Paul Denault*



Click on the above image to go to All Things Health & Wellness Ontario

THE INTELLIGENCER

News / Local News

Quinte Health rising to meet rapidly growing demands: Daub

Derek Baldwin
Published Mar 27, 2024 • Last Updated 4 days ago • 2 minute read

Quinte Health is facing a great many challenges going forward but is making considerable progress to better serve its population of more than 170,000 people in both Hastings and Prince Edward County, says president Stacey Daub.

Click on image above to read the article.

BUILDING THE FUTURE

Source: *Spring 2024 WATERSHED*

Prince Edward County Memorial Hospital (PECMH) in Picton is a little rural hospital with big plans. At the moment the facility – which lives under the Quinte Health umbrella along with its three sister facilities in Belleville, Trenton and North Hastings – has 23 in-patient beds plus an Emergency Department and offers multiple diagnostic services and minor surgery.

A decade-long redesign project is nearing its next stage. The project, supported by the Prince Edward County Memorial Hospital Foundation, includes a new state-of-the-art hospital. Shovels are expected to hit the ground this year, with the new facility opening in 2027.

Lina Rinaldi is Quinte Health's Vice President and Chief Nursing Officer and says everyone is excited about the new hospital in Picton. "It'll be a true legacy for the community," she says. To read the full article click on the image below.





WOTL's 2024 LINEUP OF EVENTS (Not Including Many Coffee Mornings & Popup Events)
MARK YOUR CALENDARS!

MAY 4 • ANNUAL GARAGE SALE - Main Hall

This is probably one of the most important events in our calendar year. Please start setting aside items of good value that you no longer need and wish to pass on to someone else who could use them. Volunteers for this event will be contacted over the coming weeks to be informed of planning meetings.



MAY 23 • VOLUNTEER APPRECIATION DAY

Thursday, 3 - 6pm, Main Hall. More information to come...



MAY 25 • MARDI GRAS/BAYOU BOOGIE

7pm - Music by *Shawn Dore*. More information to come...



MAY 27 • SPEAKERS CORNER "DEMENTIA FRIENDLY COMMUNITIES"

1:30-3pm in the Main Hall. Informative and educational presentation provided by the Alzheimer's Society of Canada



JUNE 3 • SPEAKERS CORNER "MAINTAINING GOOD BRAIN HEALTH"

1:30-3pm in the Main Hall. Informative and educational presentation provided by the Alzheimer's Society of Canada

JUNE 21, 22, 23 • HAPPY HOUR PLAYERS

The *Happy Hour Players* will present **Take Two!** in three performances: June 21, June 22 and June 23 in the RC. **Take Two!** will once again be focused on an evening of comedy and fun in the form of short plays and sketches performed by your friends and neighbours as members of the *Happy Hour Players*. Stay tuned for more detailed information in the coming months.



JULY 6 • SOCK HOP

7pm - Music by *The Shadowz*. More information to come...



AUGUST 24 • SILLY SUMMER GAMES

More information to come...



SEPTEMBER 22 • OKTOBERFEST

2pm - Music by *Good To Go*. More information to come...



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Last game of the season got a little rough for Clarence Rainey!

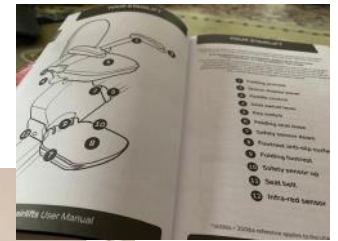
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<https://www.thestar.com/life/travel/2022/09/30/dog-friendly-prince-edward-county-where-to-eat-drink-and-play-with-your-canine-travel-companions.html>

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Welcome Spring!

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Central Lakes Association of REALTORS® Report March Housing Statistics

"Market conditions have shown improvement over the past quarter, with homeowners seemingly anticipating a positive shift in the spring market, evidenced by the significant increase in transactions and new listings so far this year," stated CLAR President Vicki Sweeney. "Another contributing factor is the Bank of Canada's decision to hold interest rates."

Prince Edward County observed an 11% increase in transactions from 27 in March 2023 to 30 in March 2024, with a slight decrease in average price from \$834,952 to \$813,527 over the same period.



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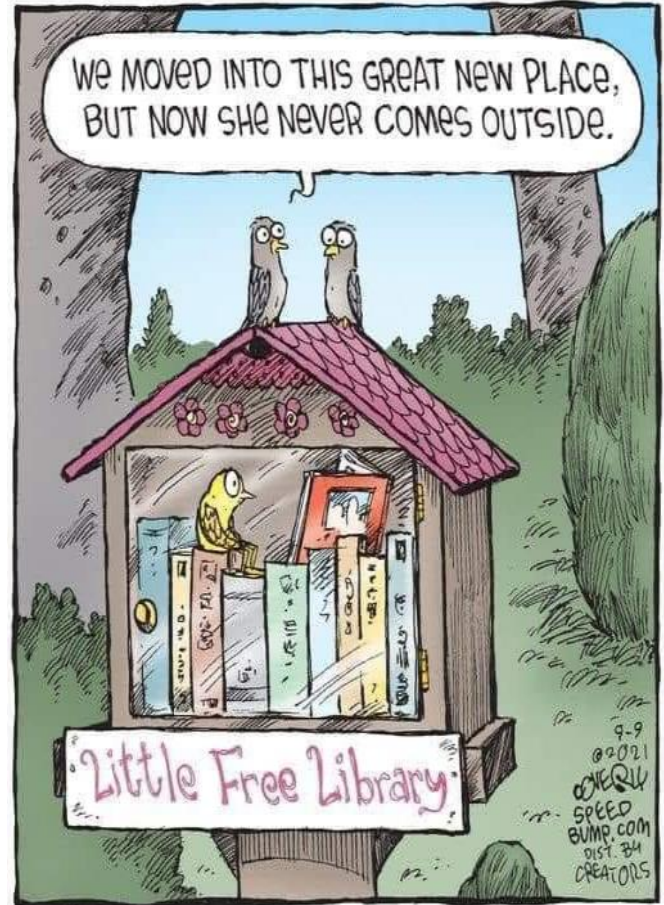


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Call Ron DiIorio 613 399-5254**





Hello; my name is Bob Hicks. I am a WOTL resident, WOLRA Board member, certified Hospice Chaplain and an Ordained Minister with a background in Pastoral and Chaplaincy.

LONELY? DEPRESSED? WANT TO TALK?

If like many of us, you feel lonely or depressed sometimes, please feel free to call me. I'd be happy to come over for a coffee or tea and have a visit. We can talk about anything you like. It doesn't have to be spiritual. I'd like to hear about your life before Wellington and your family. Whatever makes you feel comfortable. If you know neighbours who might appreciate this, please do let them know. And, as always, if there is anything I can do in respect to talking to you or listening or praying with you and your family, or even to giving a caregiver a break to go for a coffee, I am here for you. Everything said or done will be in strictest confidence.

EMAIL roanhi17@gmail.com PHONE 613-399-5454

SOMETHING TO THINK ABOUT...

What if they aren't stars at all, but holes poked in the top of the container so we can breathe.



Municipal Financial Relief Grant Applications Now Open

Prince Edward County residents who are having difficulty paying household expenses, including water and wastewater bills, can now apply for financial relief through the Municipal Financial Relief Grant. Applications will be accepted until July 15, 2024. >> [Learn more](#)

RAINING CATS & DOGS... AND CANOPY BEDS

Fun facts from the 1500s

Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof, resulting in the idiom, "It's raining cats and dogs." There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed, therefore, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence.





OPEN MIC NIGHT AT NORTH DOCKS

Wellington on the Lake residents and musicians Dan Gordon and Chris Ryerson regaled diners with performances during North Docks *Open Mic Night* recently. Also performing (among others) was Craig Foster, who is the news director at County FM. These talented guys regularly play at other venues such as The Waring House, in addition to North Docks. Rumour has it (fingers crossed) WOTL may have an open mic night in its future!



Paid Parking Reinstated in Picton

Paid parking has returned in Picton. Payment is required along streets in Picton's downtown core and in the Market Lane parking lot. Payment is required Monday - Friday between 9 am - 5 pm from April 1 to November 30 (excluding holidays). [>> More information](#)

GATHER
in the county

MODERN TEXTILE MARKET

SATURDAY JUNE 15 2024
10AM - 5PM

CRYSTAL PALACE
Picton, Ontario
Prince Edward County
handmade wares + supplies

THE MOM MARKET
AT
Crystal Palace
375 Main Street, Picton ON

MOTHERS DAY POP UP LOCAL VENDOR MARKET

MAY 11 10AM - 3PM

join us for

- LOCAL SHOPPING
- SWAG BAGS
- FREE FACE PAINTING
- FREE ADMISSION
- PHOTO OPS
- FAMILY FUN ACTIVITIES
- FREE PARKING

SOCK HOP 2024



DIG OUT THOSE POODLE SKIRTS AND JOIN ALL THE OTHER GUYS AND GALS FOR A NIGHT OF FUN, DANCING TO THE SHADOWZ ON JULY 6TH. DOORS OPEN AT 6:30 PM MUSIC STARTS AT 7:00 PM TICKETS ONLY \$20.00 B.Y.O.B.

TICKET SALES JUNE 4 & 5 10 am to Noon at the Rec Centre



MOVE AND BE MOVED

Saturday, June 8, 2024
Trenton High School
2:00 p.m. to 11:00 p.m.

Sign up today at relayforlife.ca/bayofquinte



| | |
|------------|----------------------|
| Theme laps | Caregivers |
| Food | Participants of Hope |
| Games | Luminaries |
| Kids games | Awareness |
| Music | Community |



Scan the link to register and donate today.



"Pick out any card you like, Mom. This one's on me."

Yard Sale - Saturday June 1, 9 a.m. to 1 p.m.

Come early, browse and shop at a **HUGE YARD SALE**

The Annual Yard and Bake Sale at Rednersville-Albury Community Church, 2681 Rednersville Road, plants, baking, home preserves (pickles, jams & Jellies), household items, kitchen items, books, puzzles, toys, dishes, and much, much more (no TV's, large appliances, electronics or clothing).

Coffee and muffins available for purchase during the yard sale.

Donations accepted at the church hall on Friday, May 31st from 9:00 a.m. to 1 p.m. Donations of home baking may be brought to the church on Saturday morning at 8:30 am. All proceeds for church maintenance. For more information call Audrey at 613-969-8208 or Evelyn at 613-968-9402





- **Stronger U Series with Fitness Power | April 24 - June 12 | Picton Town Hall**

This class focuses on the components of cardiorespiratory, strength and flexibility to improve one's overall health. This program is an eight-week series, running on Wednesdays from 10 am - 11 am from April 24 - June 12. The program will be held at the Picton Town Hall (2 Ross Street, Picton) and the cost is \$40. To register, or for more information, call 613-476-7493. >> [Learn more](#)

- **Hearing Help Clinic | April 25 | Bloomfield Town Hall**
Prince Edward Community Care has arranged for Canadian Hearing Services (CHS) to hold a free Hearing Help Clinic at the Bloomfield Town Hall (289 Bloomfield Main Street) on Tuesday, April 25. This is your chance to have a hearing care counsellor answer your questions about hearing loss, receive information about hearing health care, provide communication strategies for hearing loss, do hearing screening, provide tips for hearing aid maintenance and demonstrate technical devices. These services are all provided for free. Call Community Care at 613.476.7493 to schedule your half-hour appointment with a hearing care counsellor. >> [Learn more](#)

"There's seldom a day that totally defines a season, but a particular spring morning in the first week of May 1995 had everything that buoyed the spirit and soothed the soul. Two days of rain, followed by a warm front, brought a morning that dawned under a cloudless sky." So begins the story by Roger Thomas in the Spring *WATERSHED; Life in Northumberland, Prince Edward County and Quinte*. To read the complete story about the return of the raven, click on the image to the right. "The raven is vilified by some cultures as a symbol of evil and an omen of death; and yet, in others it's revered as sacred, watching over our souls and protecting our well-being. Love 'em, or hate 'em, the largest member of the songbird family in the world has found a home in *Watershed* country."





| | | | |
|--------|------------------------|----------------|--------------------------------|
| 12 May | Mother's Day Breakfast | 8:30Aamto 11am | By donation |
| 16 Jun | Father's Day Breakfast | 8:30am to 11am | By donation |
| 4 Oct | Ham & Turkey Roll | Start 8pm | come early & chat with friends |
| 18 Oct | Fish Fry | 4pm to 7pm | \$20/person |
| 13 Dec | Turkey Roll | Start 8pm | come early & chat with friends |

WELLINGTON ELKS

Brother Lloyd Scammell <http://wellingtonelks.ca/>

Long time friends Sylvia & Wanda meet up in Heaven

SYLVIA: Hi! Wanda.

WANDA: Hi! Sylvia. How'd you die?...

SYLVIA: I froze to death.

WANDA: How horrible!

SYLVIA: It wasn't so bad. After I quit shaking from the cold, I began to get warm & sleepy, and finally died a peaceful death. What about you?

WANDA: I died of a massive heart attack. I suspected that my husband was cheating, so I came home early to catch him in the act. But instead, I found him all by himself in the den watching TV.

SYLVIA: So, what happened?

WANDA: I was so sure there was another woman there somewhere that I started running all over the house looking. I ran up into the attic and searched, and down into the basement. Then I went through every closet and checked under all the beds. I kept this up until I had looked everywhere, and finally I became so exhausted that I just keeled over with a heart attack and died.

SYLVIA: Too bad you didn't look in the freezer -- we'd both still be alive.



Environmental Expo | Saturday, May 4 | Prince Edward Community Centre - Rotary Hall (375 Picton Main Street)

On May 4, we're STEPPING UP FOR CLIMATE with our second annual climate event. Bring your questions about climate adaptation, mitigation and environmental protection to experts from local organizations at our expo. Test drive an EV with Plug 'N Drive and join us for several panels and workshops to learn more about the positive changes you can make at home, the innovations our municipality is undertaking, and hear about some of the big ideas we might be seeing to meet the challenges of climate change. >> [Learn more](#)





Quakers: Then and Now - A New Exhibit | Wednesdays - Sundays until May 5 | Wellington Heritage Museum

Drop into the Wellington Heritage Museum, a former Quaker Meeting House, to explore our newest exhibit, *Quakers: Then and Now*. Contributions from the Canadian Quaker Archives, local Quaker residents, and the collection of The County Museums come together to tell the story of the Society of Friends (Quakers), including their origins, their history in Prince Edward County, and what being a 'modern' Quaker looks like. *Quakers: Then and Now* is on exhibit until May 5, 2024. >> [Learn more](#)

Welcome Weekend with the Gathering of Friends Rendezvous Celebrating 30 Years! | May 17 - 19 | Ameliasburgh Heritage Village

The "Gathering of Friends" Rendezvous group will be celebrating 30 years of family and friends at the Ameliasburgh Heritage Village from May 17 - May 19! Come over and say hello and chat with the amazing Loyalist-era reenactors. Ackerman's Acres Farmstand will have fresh baked breads, jams, jellies and so much more for you to purchase and take home. You can find them in Grandma's Kitchen. >> [Learn more](#)

Canoe Stories with J.P. Longboat in Collaboration with Flight Festival | Sunday, April 28 & Sunday, May 26 | Macaulay Heritage Park

What are the Indigenous histories of Prince Edward County? Join the circle conversation and share in this collective journey of discovery through cultural stories of place, as we learn more about the region from the First Nations' perspective. This event is free to attend but registration is encouraged. Contact Jessica Chase at jchase@pecounty.on.ca to register. >> [Learn more](#) LINK NOT WORKING

Though these rules on our website were last updated in 2022(ish), they should still be the same.

| Hours | Sunday | Monday - Saturday |
|-----------------------|---------------------|------------------------------|
| 08:00 am – 09:00 am | Designated Lap Time | Aquafit and Exercise Classes |
| 09:00 am – 11:00 am | Adult Swim Time | Aquafit and Exercise Classes |
| 11:00 am – 12:00 noon | Adult Swim Time | Designated Lap Time |
| 12:00 noon – 1:00 pm | Family Swim Time | Adult Swim Time |
| 1:00 pm – 2:30 pm | Family Swim Time | Family Swim Time |
| 2:30 pm – 4:00 pm | Family Swim Time | Adult Swim Time |
| 4:00 pm – 6:00 pm | Adult Swim Time | Adult Swim Time |
| 6:00 pm – 7:00 pm | Adult Swim Time | Family Swim Time |
| 7:00 pm – close | Adult Swim Time | Adult Swim Time |

Access to the pool

- off Dorchester, between tennis courts and mail kiosk
- off Empire, between rec centre and shuffleboard courts

Residents with disabilities can ride their scooter/wheelchairs to the pool area. At this time, it is not possible to use the recreation centre entrance/exit to reach the pool area.

Keys to the pool enclosure are located in the men's and women's change room. When opening the enclosure, please return the key to the change room immediately. The **last person in the pool area** is requested to lock the enclosure gate.

Rules and Regulations

The pool is open from 8:00 am to 8:00 pm.

In 2020, there is no lifeguard on duty. Consequently, up to **10 persons dressed for bathing** are allowed within the glass enclosure. Swim at your own risk.

No glassware to be used on deck. Please do not take **lounge chairs** in the pool area.

All **guests** must be accompanied by a resident. Bathers **under 12 years of age** are not allowed within the pool enclosure unless accompanied by a parent or his or her agent who is not less than 16 years of age.

The buoyant line **must be tied at all times** except during lap periods. During designated lap periods, **everyone in contact with the water must be doing laps**, whether the lifeguard is present or not.

Jumping or boisterous play is not allowed in or around the pool.

No person infected with **communicable disease** or having **open sores** on their body shall enter the pool.

No person shall pollute the water in any manner. **Spitting, spouting of water and blowing the nose** in the pool or on deck are prohibited. Babies with a **swim diaper** are allowed in the pool.

Each bather shall take a shower using warm water and soap and thoroughly rince off all soap before entering or re-entering the deck. Use **oils and skinblock** only after you have finished swimming.

MAY BIRTHDAYS

Table with 4 columns: Name, Day, Name, Day, Name, Day. Lists birthdays for May, including names like Erika Wolff, Nick Meulenaar, Brian Spivak, etc.

If you notice any errors or missing dates in the Birthday/Anniversary announcements, or you would like to be added, please do let us know: 613-399-5859 or b.mcdonald1048@gmail.com

MAY ANNIVERSARIES

Table with 4 columns: Name, Year, Name, Year. Lists anniversaries for May, including names like Wayne and Nancy Craig, Tony and Tanya McDermott, etc.

CONDOLENCES




Our most sincere condolences to Dody DeVuono and the family and friends of **JIM DEVUONO** of Sandbanks Court who passed away March 30th. *'First came the date of birth, followed by the date of tears. What matters most of all is the dash between those years.'* A Celebration of Life will be held August 10th at the Rec Centre. In lieu of flowers, we kindly ask that donations be made to Friendly Manor Nursing Home Resident's Council. Online condolences may be shared at www.ainsworthfuneralhome.com. Arrangements in the care of the Ainsworth Funeral Home, 288 Noxon Avenue, Wellington, ON. Memorial Donations can be made payable to the Friendly Manor Nursing Home, Resident's Council and mailed to Friendly Manor Nursing Home, P.O. Box 305, Deseronto, Ontario K0K 1X0.

Our most sincere condolences to Paul McVicker and the family and friends of **SUE MCGILL**, formerly of Sandbanks Court, who passed away March 31st. Among other accomplishments, Sue was a ladies club champion golfer who finished 2nd in the 2023 Wellington ladies club championship. Visitation and Celebration of Life was held at the Elk's Lodge in Picton on April 17th. Online condolences may be shared at www.ainsworthfuneralhome.com. Donations in Sue's name can be made to <https://www.thechildrensfoundation.ca> in support of kid's sports, music or art in our community.

DO YOU WISH TO HOST A 'CELEBRATION OF LIFE' FOR A LOVED ONE?
Information you may need on this topic is in a binder at the Rec Centre library.

DO YOU KNOW OF A WOTL RESIDENT (PAST OR PRESENT) WHO HAS PASSED ON?
Please email neighbourlynews@gmail.com or phone 613-885-6018 with as much information as you are able to provide (all information will be confirmed before posting in the NN).



HOSPICE
Prince Edward

Mourning the loss of a loved one? We can help.
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| REGULAR WEEKLY SCHEDULED ACTIVITIES: MH Main Hall - CR Card Room - DR Dance Room | | | | | |
|---|---|--|---|--|--|
| Monday AEROBICS 8-9 MH WALKING EXERCISE 9am MH QUILTING 9:30-2PM DR&CR 2-4 CR only LINE DANCE 10:30- noon MH ART GROUP 2-4 pm DR DARTS 7pm CRIBBAGE 7pm CR | Tuesday YOGA CR/DR Advanced 9-10 Beg/Chair 10:15-11:15 Chair 11:30-12:30 WALKING 8:45 - 9:30 MH SHUFFLEBOARD 9:30am PHYSIO-FIT 10:30-11:15 MH SHUFFLEBOARD 11am RC CLEANING NOON-1PM CARPET BOWL 1-3pm MH HAPPY HOUR PLAYERS 3-5 MH EUCHRE 6:45 CR/DR DARTS 7pm | Wednesday AEROBICS 8 - 9 MH WALKING EXERCISE 9am MH PING PONG 10-Noon MH GAMES GALORE 1-3PM CR LINE DANCE 1:30-3:00 MH CORN HOLE 3:45-5:30 MH LIBRARY SAMBA 6:45 CR BINGO 7 MH | Thursday WALKING 8:45 - 9:30 MH PHYSIO-FIT 10:30 - 11:15 MH SHUFFLEBOARD 10am AEROBIC DRUMMING 11:30-12:15 MH CARPET BOWL 1-3pm MH ART GROUP 2-4pm CR THEATRE GROUP 3-5 MH LADIES 8BALL 3:30-5:30 Snooker Rm BRIDGE 7-9pm CR | Friday AEROBICS 8 - 9 MH WALKING EXERCISE 9am MH SCOTTISH DANCING 10-11:30 MH RC CLEANING NOON-1PM SAMBA 1pm CR UKULELE 1-4 MH BID EUCHRE 6:45-9:30 CR | Saturday CARD ELIMINATION Once a month April to September 7PM Sunday SHUFFLEBOARD 3pm Hoss Collar (\$1) TEXAS HOLD'EM 6:45pm MH Every other Sunday |

Check with the Activity Coordinator (see phone directory pgs.27-29) or the WOLRA website <http://www.wolra.ca/mainstream/activities.php> for signing up to what is available. Above activities (pale font or otherwise) are dependant upon activity coordinators.

| | | |
|-----------------|--|---|
| MAY 2024 | NN SUBMISSION DEADLINE 6PM 23rd | Need to book a room at the Rec Centre? www.wolra.ca |
|-----------------|--|---|

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|-----------|--------------------------------|--------|--|
| GARBAGE & RECYCLING PICKUP EVERY THURSDAY | | | 1 | 2 | 3 | 4 |
| | | GARAGE SALE PREP ACTIVITIES CANCELED | | | | GARAGE SALE |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | | | | | | COFFEE MORNING HAPPY HOUR PLAYERS CARD ELIMINATION 7pm |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| HAPPY MOTHER'S DAY! TEXAS HOLD'EM 6:45 MH | | GEN MTING 7PM | | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | SINGLES SOCIAL CLUB 2-4PM VICTORIA DAY | CAREGIVER SUPPORT MTING 1-3 MEDITATION CIRCLE 5-6PM | | VOLUNTEER APPRECIATION DAY 3-6 | | MARDI GRAS |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| TEXAS HOLD'EM 6:45 M | SPEAKERS CORNER 1:30-3PM | | | | | The Voice of the County |

Our Neighbourly News Magazine is the thread that ties us all together. Until next time; stay well and laugh a lot!